

Countdown to New Town.....here is some information to help you navigate your way in New Town.

Please note the following changes from what has been previously advertised:

- On Saturday, the Swim course will be open for practice **BEFORE** the Kids Triathlon from **7:30am-8:30am**. You must check in before getting in the water. There is no fee for this.
- The Saturday night dinner has been cancelled. We apologize for any inconvenience.
- The swim courses have been altered slightly. Both courses will start and finish by the transition zone. Long course will swim around the same buoys counterclockwise. The sprint swim course will be an out and back around the second buoy. See map below:



USAT License:

This is a United States of America Triathlon (USAT) sanctioned event. If you have an annual license (USAT now has a license APP) you MUST bring it to packet pick up WITH A PHOTO ID. Sorry, no exceptions. If you have purchased a 1-Day license online there is a record of the transaction- no need to bring proof of that purchase. Both Annual and 1 Day USAT licenses will be available at packet pick up and race morning for late registrants.

PACKET PICK UP:

All athletes MUST pick up their own individual packets. We know it's a pain- but it's not our rule. Packet pick up is available at The New Town Triathlon EXPO July 12th from 9am-2pm at the Amphitheatre **OR** July 13th from 5am-6:30am same place. We encourage you to come out Saturday, giving you plenty of time to get your bike checked, familiarize yourself with the event's layout and see the latest gear. **Course maps are posted on the event webpage at www.newtowntriathlon.com**. Please note that the Kid's tri is on Saturday beginning at 9am. Please follow the parking instructions below to avoid their race.

BIKE REQUIREMENTS:

Helmets, a functionally safe bike and a good attitude are required. If there is any question about your helmet or bike's safety please bring them to the New Town Expo for inspection by a professional Big Shark mechanic while picking up your race packet.

TRANSITION ZONE:

Bikes will be racked according to your race bib number.

SAFETY:

St Charles EMS will be onsite for the duration of the event. Professional Lifeguards will be onsite for the duration of the swim leg. St Charles Sheriffs Dept will be stationed at major intersections along the bike course. Volunteer Course Marshals will be stationed in the transition zone to assist with exiting the water, on the bike course to assist with traffic flow and help guide athletes, and along the run for encouragement and to hand out cold, refreshing water at two aid stations. Three Big Shark SAG vehicles will roam the bike course.

EVENT TIMING:

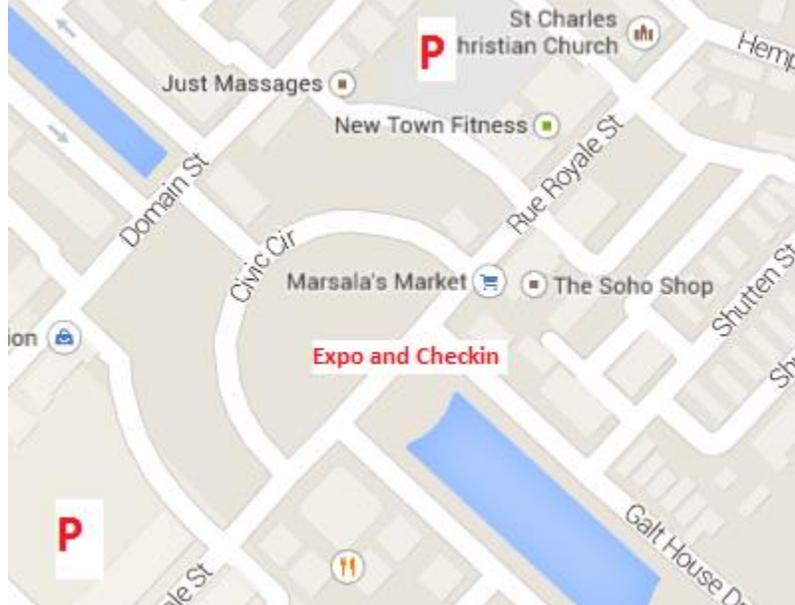
This event is chip timed and must be worn for the entire event. Please use the bib number, helmet number and the chip provided. This is for your safety and to ensure timing accuracy. PLEASE return ankle chip after race.

RESTROOMS:

Portapotties with hand sanitizers will be located on Galt House Drive across from the Transition Zone.

PARKING:

Please park in one of two large lots available to us for both Saturday and Sunday. These lots are conveniently located in the center of New Town on both sides of the Amphitheater. Enter New Town off of New Town Blvd; go right on New Town Lane. Take New Town Lane to Domain Street; you will see the parking lots to the left and to the right. Please be courteous and leave room for residents. Also avoid parking on the Run Course. Thank You.



RACE:

- Elites start in water with a mass start. Relay teams then start in water with a mass start. Age Groupers for long course will then start in a time trial start every 3 seconds followed by Challenged Athletes in water mass start. Then Sprint time trial start for age groupers followed by challenged athletes sprint course in water with a mass start. This sprint triathlon will also be a time trial start every 3 seconds. Be forewarned, entering the water goes quickly, be ready!

-You must wear your swim cap provided to you in your packet.

-Use Common Sense on the Bike

- * Do Not Cross the center yellow line
- * Do Not Draft
- * Ride single file, Do Not Ride 2-3 abreast
- * Stay to the right unless passing
- * Mount and Dismount at the designated lines, do not ride your bike in the transition zone
- * NO HEADPHONES!!

TIMELINE FOR RACE DAY:

5:00 AM	Packet Pick Up Opens
6:00 AM	Chip Pick up, Body Marking and Transition Zone Opens
6:30 AM	Packet Pick Up CLOSES
7:15 AM	Transition Zone CLOSES & Begin Lining Up for the Swim by Race Number
7:25 AM	National Anthem
7:28 AM	Elite Athletes START in the Water
7:30 AM	Relay Teams
7:33 AM	Age Group Athlete Race Start (Long Course)
8:30 AM	Age Group Athlete Race Start (Sprint Course)
10:30 AM	Athlete & Sponsor Post Race Thank YOU, Recognition and Awards Ceremony

POST-RACE MEAL: Please have your bib ready to show for the post race meal which will be behind the town hall.

FRIENDLY REMINDER:

Please be respectful of New Town residents and their property. They are gracious enough to host this unique event every year and we'd love to keep returning. Thanks.

We know there are a lot of local events to choose from and we appreciate your participation!

YOUR BIG SHARK CREW